



**JUNE 2009**

# THE FREMONT NEWSLETTER

*We're Building Community*

## FOOD PANTRY SUMMER FOOD BASKET

The Fremont Food Pantry is going to be offering for the first time a Summer Holiday Food Basket. For many years the Pantry has offered holiday food baskets at Thanksgiving, Christmas and Easter. With such a large time span between Easter and Thanksgiving, the pantry thought it would be a great service to our residents in need to offer a food basket during the summer. We would like to include all the trimmings for a great summertime meal, with some extras for that special touch!

If you would like to donate to the pantry to help us provide these baskets, the following is a list of items needed:

Hamburgers/Hot dogs/	BBQ Sauce
Chicken wings	Ketchup / Mustard
Rolls	Relish / Mayo
Fresh Potatoes	Sour Cream
Fresh Corn	Aluminum Foil
Watermelon / Strawberries	Freeze Pops
Baked Beans	Lemonade / Iced Tea Mix
Fresh Salad Items	Snacks
Hannaford gift card	

If you would like to sign your family up to receive a Summer Holiday basket, please contact Kathy at 895 1162 by Monday June 29th. All calls to the Fremont Food Pantry are completely confidential.

## ENERGY COMMITTEE NEWS

The Fremont Energy Committee is seeking interested high school students to be a part of our local group. The Committee is focused on reducing Fremont's greenhouse gas emissions. So far efforts have concentrated on evaluation of Fremont's municipal buildings as well as providing energy saving information and resources for homeowners and businesses. Interested students can contact Bob Larson ([larson.robert1835@comcast.net](mailto:larson.robert1835@comcast.net)) or Cheryl Rowell ([rowells4@myfairpoint.com](mailto:rowells4@myfairpoint.com)) for more information.

## JUNE 27TH YARN-A-THON

"Giving Hands" of Fremont cordially invites area knitters and crocheters to join them for a day of knitting/crocheting warm, comfortable caps for men and women at sea.

**When:** Saturday, 06/27/09, 9:00 am to 2:00 pm

**Where:** Fremont Public Library, 7 Jackie Bernier Drive, Fremont

**What to bring:** ~ Acrylic or wool yarn, worsted weight

~ Size G or H crochet hook OR

~ Size 8 or 10 knitting needles

~ Tapestry yarn/needle for seaming (crocheters may want to slip stitch or single crochet the seam)

~ Patterns\*\* will be provided or email [nancy@lecairn.net](mailto:nancy@lecairn.net) to have the pattern forwarded to you.

\*\*If you have a favorite cap pattern that provides warmth and is closely woven, please bring that and the accompanying yarn and needles/hook.

So grab a Dunkin' Donuts treat and coffee and plan to join us for a great time! You are welcome to bring a bag lunch if you plan to remain through the noon hour.

## MEMORIAL DAY PARADE

The Annual Memorial Day Parade and Ceremonies will be held on Sunday May 24, 2009 beginning at 9:00 am. Please join us for this very special tribute to our War Dead and the many Men and Woman who serve Our Great Country in the US Armed Forces.

Fremont Parks & Recreation invites children to participate and march with patriotic decorated bikes and carriages. They will have ice cream after the parade, in the front yard of the Old Meetinghouse.

Lineup begins at 8:30 am at the Fremont Town Hall and the parade proceeds down Main Street to the Village Cemetery. In case of inclement weather, the ceremony will be held at 9:00 am at Ellis School.

## RETIREMENT OPEN HOUSE

The Town will host an Open House in celebration of Dick Heselton's service to the Fremont Fire Department.

Please join us at the Fremont Safety Complex on Saturday May 30, 2009 between 1:00 and 3:00 pm to commemorate Dick's notable 32 year tenure as Fremont's Fire Chief.

A special presentation will be made at 2:00 pm.

Refreshments, good memories and a tribute to Dick's career will be served!

## QUILT OF VALOR

On April 19, 2009 Sgt First Class Christopher Carr received a Quilt for Valor at the Radisson Hotel in Manchester. Quilt for Valor is a program honoring injured returning veterans who have served their country during war time.

Carr, who is the son of Carolyn & John Carr of Fremont, has served in the Air Force in the First Gulf War and the Army in Iraq. He is presently living in Wheeling, WV and is a Training and Operations officer.

## HISTORICAL MUSEUM IS OPEN

The Fremont Historical Museum is open for the 2009 season on the 2nd Saturday of each month between May & October. The hours are 10:00 am to 1:00 pm. The museum is located at the corner of Beede Road and NH Route 107 (Main Street). Admission is FREE.

Come take some time and discover the unique heritage that makes Fremont such a special and unique community. Discover things you never would have dreamed happened here. Celebrate Fremont's 245 years of history by visiting this popular museum which has attracted well over 1000 people since its opening in 2004. If you have any questions, or would like to make a special museum appointment, please call FHS President Matthew Thomas at 895-4032.

## BOAT REGISTRATIONS

Boat season is upon us. The Town Clerk's Office can provide boat registrations & decals for both renewals and for new boats. Please be sure to have the correct paperwork with you. Please call the office at 895-8693 with questions.

**[www.Fremont.NH.Gov](http://www.Fremont.NH.Gov)**